

# FIRST INTERNATIONAL CBT CONFERENCE IN BOSNIA AND HERZEGOVINA BANJA LUKA

June 6-9, 2013

# Programme



# **Pre-Conference Workshops**

10:00-17:00

- Cognitive-Behavioral Therapy for Eating Disorders (FRAGISKOS GONIDAKIS)
- Changing Behaviour the Cognitive Way in Obsessive Compulsive Disorder (PAUL SALKOVSKIS)
- Acceptance and Commitment Therapy: Mindfulness, Acceptance and Living a Valued Life (**KELLY WILSON**)



# **Keynote Speeches and Welcome Cocktail Party**

18:00-20:00

- CBT, caring and cure: How the flexible use of empirically grounded psychological therapy helps people to feel understood and to choose to change (PAUL SALKOVSKIS)
- Building Psychological Flexibility: A Transdiagnostic Model for Cognitive Behavioral Therapy (KELLY WILSON)



#### **Conference Activities**

8:30-19:00

**Gala Dinner** 

19:00-21:00



# **Conference Activities**

8:30-14:45

# **Closing Ceremony**

14:45-15:00

# **Rafting Excursion & Vrbas Canyon Party**

15:00-20:00

# Registration

# **Pre-conference workshops**

(2 days)

Before April 15, 2013 EUR **50**After April 15, 2013 EUR **60**On site EUR **70** 

### Conference

(3 days)

A half-price registration fee is available for full-time students.

Conference Venue:

#### **Hotel Vidovic**

www.hotelvidovic.com

Registration & Accommodation Form or Register Online go to www.kbt.ba/conference2013